



Memorandum of Meeting

To: Bristol HEZ Overdose Prevention Plan Subcommittee

From: Craig Pereira

Date: April 9, 2019

Re: Bristol HEZ Overdose Prevention Plan

The Bristol Health Equity Zone (HEZ) conducted its first meeting of the Overdose Prevention Plan Subcommittee on April 4, 2019 from 2 – 4 pm at the Quinta Gamelin Community Center. The following is a summary of that meeting.

1. Introductions
2. Craig Pereira provided an overview of the updated Scope of Work and Timeline. The project timeline has been stalled due to various contracting procedures not within the control of the HEZ. The updated Scope of Work should be considered a working document that is subject to change, with proposed milestones/meetings anticipated as the project evolves.

Task 1 (Establishment of the OPP Subcommittee) is essentially completed.

Task 2 (Data Collection and Review) is proposed to occur throughout April 2019. All existing documents have been posted to the Bristol HEZ website (<https://www.bristolhealthequityzone.org/opp>). It was noted that the R.I. Student Survey (2018) is also available and pertinent.

Task 3 (Community-led Needs Assessment Development/Implementation) is proposed to occur throughout May/June 2019.

Task 4 (Prioritization of Findings) is proposed to occur throughout July 2019.

Task 5 (OPP Plan Development) is proposed to occur throughout July 2019.

Task 6 (Short/Long-term Evaluation Plan Development) is proposed to occur throughout August 2019.

Task 7 (Strategy Implementation) is proposed to occur mid-July through August 2019. There is a financial reserve to facilitate the implementation of strategies...however, given the consolidated timeline, the best bet may be for the purchase of curriculums and other resources, dependent upon what comes out of the Needs Assessment and prioritization process.

3. Emily Spence provided an overview of the draft Focus Groups developed at the last all-HEZ learning collaborative (by Bristol HEZ participants). Subcommittee members discussed other

population subgroups for consideration. Review of the existing data (Task 2) will also inform this discussion, however, for now, the following Focus Groups were identified:

- Substance Exposed Newborns (required)
- Families impacted by the epidemic (will also capture Adults in Recovery, Seniors – medication overdose is high, and Active Users)

Emily also provided a handout to the Subcommittee that begins the conversation on potential qualitative questions for the Needs Assessment.

Subcommittee members offered insight into their constituents, and identified data sources, as well as potential focus groups/locations, including:

- CODAC (has a population they can reach out to)
- Bristol Police Dept. (non-identifying statistics...males 18 – 35 yrs. Are the largest demographic)
- The Blessing Way (George O'Toole)
- SSTARbirth

4. Emily Spence distributed an Existing Resources document (attached). The following additions were provided by Subcommittee members:
 - Linkages to Services – Bristol Police/Fire Departments, area churches
 - Family Support – Allies in Recovery (<https://alliesinrecovery.net/>), Prevent Overdose RI (<https://preventoverdoseri.org/>)
 - Community Education – Bristol Rally 4 Recovery, Peer Recovery Coach Training
 - Prevention Programs – YMCA
5. Subcommittee members discussed the vulnerability of patients seeking dental care as a concern...discussion included the potential for a mini survey and education in this area.
6. Craig and Emily conducted a brief brainstorming exercise around the topics of Prevention, Treatment, Recovery and Rescue (Strengths/Gaps/Solutions):

Prevention

Strengths

- Prevention Coalitions (local and regional)
- RI Student Assistance – Dangers of Opioid Use (10th grade students Bristol/Warren Regional School District)
- URI RAMS video series
- Courageous Kids summer camp
- RAD Kids (elementary students)Bristol Health Equity Zone
- Existing stakeholder networks

Gaps

- Senior Center education
- Middle School programming
- Outreach to area dentists

Solutions

- Purchase URI RAMS video series
- COAST (theatrical performances)

Recovery

Strengths

- East Bay Recovery Center
- REST
- YMCA
- Allies in Recovery
- Signage
- An engaged community

Gaps

- Awareness/access to resources
- Transportation

Solutions

- Increase awareness/access to resources
- Embedded curriculums (SAMHSA)
- Drivers Education

Treatment

Strengths

- Availability of treatment programs
- Grants for sober living housing

Gaps

- Transportation
- Insurance
- Stigma associated with education
- Treatment availability schedules (timing)
- Adolescent substance abuse treatment
- Duration of/limitations on coverage

Solutions

- Education/Awareness
- Advocate for medical treatment
- Pilot of Points of Distribution at area pharmacies (CVS)

Rescue

Strengths

- Narcan training/availability
- Safe stations
- Hope Initiative (in progress)

Gaps

- Stigma associated with rescue

Solutions

- Nalox boxes